



Phyto B Complex

What?

Phyto B Complex is a formulation of bioavailable B vitamins along with Rhodiola Rosea Extract. These are essential to ensure the body can utilize the nutrients

it receives and effectively cope with physical and emotional stressors.

Why?

The benefits of this B-complex formula include energy production; fat, carbohydrate, and protein metabolism; and nerve and brain health. The nervous system also benefits by means of helping the body produce hormones and substances that can regulate the nerves. As a bonus, these vitamins may also help promote healthy hair, skin, and nails. Studies of rhodiola

rosea extract suggest great benefits to both the nervous and endocrine systems; in turn, it has also been known to elevate mood, alleviate depression, and increase energy.

The vitamins in **Phyto B Complex** are in a “biologically-active” form that may make them more easily absorbed and utilized. Phyto B Complex is a nutritional supplement specifically designed for anyone that deals with stress or fatigue.

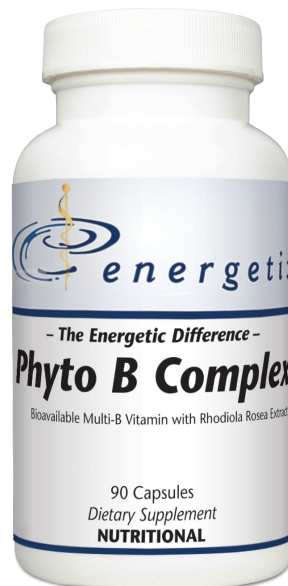
How?

As a dietary supplement, take 1 capsule daily or as directed by your healthcare professional.

Key Ingredients:

Vitamin B1 (as Thiamine Mononitrate), Vitamin B2 (as Riboflavin 5' Phosphate), Vitamin B3 (as Niacinamide), Vitamin B5 (as Calcium D-Pantothenate), Vitamin B6 (as Pyridoxal-5' Phosphate), Vitamin B7 (Biotin), Vitamin B9 (as Calcium L-5' Methyltetrahydrofolate), Vitamin B12 (as Methylcobalamin), Coenzyme B12 (as 5'-Deoxyadenosylcobalamin), Rhodiola Rosea Root Powder (1% Salidroside, 3% Rosavins).

This product is gluten-free.



To learn more about nutritionals ask your healthcare professional for a copy of Energetix' patient brochure: "Nutritionals - What You Need to Know."

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.